Changemaking Postiona

Personal Changemaking (staff and faculty) to explore their own selves. ... focus on actions that each person can control and choose to advance the common good. Personal Changemaking helps us confront and challenge ourselves, explore our identities, and work to be change agents that value diverse perspectives and new experiences.

Examples:
- Learning about and choosing to recycle/compost
- Focusing on building a mindful practice such as meditation, contemplation, or a moment of focus on your breath
- Engaging in dialogue with others different from you that allows you to step outside of your comfort zone

Local Changemaking

Practicing Local Changemaking focus on the collective of our St. Thomas community, both on campus and in the Twin Cities greater Minnesota. It aims to develop sustainable collective solutions to social and environmental problems.

Examples:
- Volunteering regularly with your non-profit, school, or government organization
- Engaging in working with community to ...
- Identify and working collaboratively to address university structures and process that ...

National Changemaking

Practicing National Changemaking involves civic engagement in the life and government of our nation. It aims to focus community members in dialogue, government ... and ... of dialogue.

Examples:
- er registration
- elections (local/national)
- Participating in advocacy
  - o Calling an elected official
  - o Writing to an elected official
  - o Visiting an elected official
  - o Participating in a caucus

Global Changemaking

... s us with the needs and realities of the world. It recognizes that many personal, local, and national challenges are also experienced by others around the world and that solutions can be scaled and shared across borders. Global Changemaking often focuses us on partnerships and ... interdependent and driving an understanding that our world is ...

Examples:
- Bringing awareness of global issues to the St. Thomas Community
- Volunteering with an ethical locally minded non- ... abroad